MONTHLY PLAN

MONTHLY GOALS:												BOOK I'LL READ																					
MONDAY	TU	ES	DA	Υ	١	WEDNESDAY					, .	THURSDAY					FRIDAY					SATURDAY					,	SUNDAY					
NOTES																																	
HABIT TRAC	KER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

DAILY PLAN



TOP 3 PRIORITIES:	DAILY GOALS:													
TO DO LIST	NOTES:													
O														
O														
WATER INTAKE														
BREAKFAST:														
LUNCH:														
DINNER:														
SNACKS:														
THINGS I AM GRATEFUL FOR TODAY	APPOINTMENTS													